



Hematology-Oncology Associates of CNY

Personalized cancer care –
when you need us, where you need us.

315.472.7504 | hoacny.com

Patient Newsletter November 2024

Welcome Dr. Natalie Hartigan!

We are excited to announce Natalie Hartigan, D.O. joined our team of physicians in October as a medical oncologist and hematologist! She is seeing patients in our Brittonfield office.

A native of Upstate New York, Dr. Hartigan completed medical school at Lake Erie College of Osteopathic Medicine in Florida. Missing her family and the change of seasons, she returned to NY and completed her medical residency at the Albany Medical Center and then her hematology/oncology fellowship at Lehigh Valley Health Network in Allentown, PA. To learn more about Dr. Hartigan, please [click here](#).



Quitting Smoking is Hard.

Getting a Lung Cancer Screening is Easy!

We can help you with both! If you are a current or former heavy smoker it's important to get a lung cancer screening. If you are between ages of 50-80 your screening will likely be covered by insurance. If you are outside those parameters, you can still get a screening for a \$250 fee.

To get screened just call 315-472-7504. **We can get you scheduled right away in our Camillus location!** [Click here](#) to learn more.

Click here to listen to
Debbie's Lung Cancer
Screening Success Story!



THE GREAT AMERICAN SMOKEOUT IS NOVEMBER 21



Do you have a plan? WE CAN HELP!
Call 315-472-7504

AND if you are a current smoker who wants to quit, we have a Smoking Cessation program for HOA patients.

Just ask your provider for a referral even if you already have cancer. We can help walk you through the smoking/tobacco cessation journey to reduce your risks for cancer or additional cancers from tobacco use and improve your overall health.

[Click here](#) to learn more.

Knowing Your Family Medical History is Important - Especially with Cancer

The holidays are a great time to ask for that information. To ease any discomfort in asking, just tell them your medical provider told you to do so! We can provide cancer genetics testing for patients and the general public. Just call 315-472-7504. [Click here](#) for more information.



1. Seek support from other caregivers. You are not alone!
2. Take care of your own health so you can be strong enough to take care of your loved one.
3. Accept offers of help and suggest specific things people can do to help you.
4. Learn how to communicate effectively with doctors.
5. Be open to new technologies that can help you care for your loved one.
6. Watch for signs that you may be depressed and don't delay getting professional help when you need it.
[HOA offers counseling support for patient caregivers! Just ask your provider for a referral.](#)
7. Caregiving is hard work - take respite breaks often.
8. Organize medical info so it's up to date and easy to find.
9. Make sure legal documents are in order.
10. [Give yourself credit for doing the best you can in one of the toughest jobs there is!](#)

Triple Negative Breast Cancer Support Group



Stacey Menzari,
Social Worker



Shannon Walkup, PA

Connection • Support • Understanding

4pm - 5:30pm

3rd Tuesday of Every Month

(starting 11/19/24)

Hematology Oncology Associates of CNY
5490 Cobbler Way, Camillus, NY 13031

Please register by calling Stacey Menzari
@ 315-472-7504, ext 1349
or emailing smenzari@hoacny.com

Need Infusion Care for non-cancerous conditions?

Choose the Expertise, Safety, Comfort & Convenience at HOA!



Check out our spacious, all new
Infusion Department in Camillus!

[Click here](#) to learn more!



We are Hiring Medical Assistants!

- Monday-Friday work week
- No weekends/holidays/on call
- Opportunities to earn extra money
- Hourly wage of \$17.50 - \$27.50
- Opportunities for growth
- 401K and profit sharing
- Employee recognition

[Click to learn more](#)

We prioritize the well-being of our employees & offer support at all levels within the organization. Our work environment demonstrates respect, trust & empathy!



Offices: Auburn - East Syracuse - Camillus | 315.472.7504 | hoacny.com



Hematology-Oncology Associates of CNY
5008 Brittonfield Parkway
East Syracuse, NY 13057 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!